



	<b>MENÚ</b>	Gluten	Crústaceos Moluscos	Huevos	Pescado	Soja	Leche	Frutos de Cáscara	Apio	Sulfitos	Sesamo	Mostaza	Altramuces	Cacahuetes
<b>PRIMEROS</b>														
*	<b>Risotto de hongos</b>		X		X	X	X	X	X		X	X		
*	<b>Pochas</b>		X		X	X		X	X					
*	<b>Ensaladilla Rusa</b>		X	X	X	X				X				
*	<b>Tortellonis</b>	X		X		X	X	X		X				
*	<b>Alcachofas</b>													
*	<b>Creppe</b>	X	X	X	X		X	X		X				
*	<b>Ensalada mixta</b>			X	X					X				
*	<b>Ensalada César</b>	X	X	X	X	X	X	X		X		X		
<b>SEGUNDOS</b>														
*	<b>Merluza a la Plancha</b>				X					X				
*	<b>Gorrión</b>						X			X	X			
*	<b>Crujiente de Calamares</b>	X	X	X	X	X	X	X	X			X		
*	<b>Secreto</b>	X						X		X	X			
*	<b>Escalope de lomo</b>	X	X	X	X		X	X				X		
*	<b>Lasaña de carne</b>	X	X		X	X	X	X	X	X				
*	<b>Pechugas de pollo</b>										X			
*	<b>Albóndigas</b>	X	X	X	X		X							
*	<b>Sepia a la plancha</b>	X	X	X	X	X	X	X			X	X		
*	<b>Entrecot</b>	X	X	X	X	X	X	X			X	X		
<b>POSTRES (CASEROS)</b>														
*	<b>Copa La Tasca</b>	X					X							
*	<b>Torrija caramelizada</b>	X		X		X	X	X						
*	<b>Tarta de queso casera</b>	X		X			X							
*	<b>Tarta queso maracuya</b>	X		X			X							
*	<b>Brownie</b>	X		X		X	X	X						
*	<b>Cuajada</b>						X							
*	<b>Flan de café</b>			X			X							
*	<b>Café bombón</b>						X							

MENU		Gluten	Mollusks Crustacean	Eggs	Fish	Soy	Milk	Nuts	Celery	Sulphites	Sesame	Mustard	Lupins	Peanuts
FIRST														
* Risotto of mushrooms			X		X	X	X	X	X		X	X		
* Pochas			X		X	X		X	X		X	X		
* Russian salad			X	X	X	X				X				
* Tortellini		X		X		X	X	X		X				
* Artichokes														
* Creppe		X	X	X	X		X	X		X				
* Mixed Salad				X	X					X				
* Caesar Salad		X	X	X	X	X	X	X		X		X		
MAIN DISH														
* Grilled hake					X					X				
* Gorrin							X			X	X			
* Crispy squid		X	X	X	X	X	X	X	X			X		
* Grilled pork secret		X		X				X	X	X	X			
* Loin schnitze		X	X	X	X		X	X				X		
* Truffled meat lasagna		X	X		X	X	X		X	X				
* Grilled chicken breast											X			
* Meatballs		X	X	X	X		X							
* Grilled cuttlefish		X	X	X	X	X		X			X	X		
* Grilled veal entrecote		X	X	X	X	X	X				X	X		
HOMEMADE DESSERTS														
* Copa La Tasca		X					X							
* Caramelized french toast		X		X		X	X	X						
* Cheesecake		X		X			X							
* Cheesecake maracuya		X		X			X							
* Brownie		X		X		X	X	X						
* Ultzama curd							X							
* Coffee flan				X			X							
* Coffee Bombon							X							

MENÚ		Gluten	Crustaces Mollusques	Oeufs	Poisson	Soja	Lait	Noisettes	Céleri	Sulfites	Sésame	Moutarde	Lupins	Cacahuètes
PREMIER PLAT														
*	Risotto de cèpes		X		X	X	X	X	X		X	X		
*	Pochas		X		X	X		X	X		X	X		
*	Salade russe		X	X	X	X				X				
*	Tortellini	X		X		X	X	X		X				
*	Artichauts													
*	Crêpe d'asperges	X	X	X	X		X	X		X				
*	Salade Mixte			X	X					X				
*	Salade César	X	X	X	X	X	X	X		X		X		
PLAT PRINCIPAL														
*	Merlu grillé				X					X				
*	Lingot de moineau						X			X	X			
*	Calamars croustillants	X	X	X	X	X	X	X	X			X		
*	Secret	X		X				X	X	X	X			
*	Escalope de porc	X	X	X	X		X	X				X		
*	Lasagne au bœuf	X	X		X	X	X		X	X				
*	Blanc de poulet										X			
*	Boulettes de viande	X	X	X	X		X							
*	Seiche à la plancha	X	X	X	X	X		X			X	X		
*	Entrecôte de veau	X	X	X	X	X	X				X	X		
DESSERTS MAISON														
*	Coupe La Tasca	X					X							
*	Pain perdu caramélisé	X		X		X	X	X	X		X			
*	Tarte au fromage	X		X			X							
*	Brownie	X		X		X	X	X						
*	Fromage blanc caillé d'Ultzam						X							
*	Flan au café			X			X							
*	Bonbon café						X							