



	MENÚ	Gluten	Crústaceos Moluscos	Huevos	Pescado	Soja	Leche	Frutos de Cáscara	Apio	Sulfitos	Sesamo	Mostaza	Altramuces	Cacahuetes
PRIMEROS														
*	Risotto de hongos		X		X	X	X	X	X		X	X		
*	Pochas		X		X	X		X	X		X	X		
*	Ensaladilla Rusa		X	X	X	X				X				
*	Creppe	X	X	X	X		X	X		X				
*	Alcachofas													
*	Ensalada mixta			X	X					X				
*	Ensalada La Tasca						X	X		X	X			
*	Jamón Ibérico	X												
SEGUNDOS														
*	Ajoarriero													
*	Lingote de Gorrin						X			X	X			
*	Merluza a la Plancha				X					X				
*	Milanesa de Ternera	X	X	X	X		X	X				X		
*	Brocheta de Solomillo	X					X							
*	Estofado de Toro	X	X	X	X		X	X				X		
*	Entrecot	X	X	X	X	X	X	X			X	X		
*	Sepia a la plancha	X	X	X	X	X	X	X			X	X		
*	Solomillo de Ternera													
POSTRES (CASEROS)														
*	Copa La Tasca	X					X							
*	Torrija caramelizada	X		X		X	X	X						
*	Tarta de queso casera	X		X			X							
*	Brownie	X		X		X	X	X						
*	Cuajada						X							
*	Sorbete TDJ													
*	Sorbete de Mojito													
*	Café bombón						X							

MENU 	Gluten	Mollusks Crustacean	Eggs	Fish	Soy	Milk	Nuts	Celery	Sulphites	Sesame	Mustard	Lupins	Peanuts
FIRST													
* Risotto of mushrooms		X		X	X	X	X	X		X	X		
* Pochas		X		X	X		X	X		X	X		
* Russian salad		X	X	X	X				X				
* Tortellini	X		X		X	X	X		X				
* Artichokes													
* Creppe	X	X	X	X		X	X		X				
* Mixed Salad			X	X					X				
* Caesar Salad	X	X	X	X	X	X	X		X		X		
MAIN DISH													
* Grilled hake				X					X				
* Gorrin						X			X	X			
* Crispy squid	X	X	X	X	X	X	X	X			X		
* Grilled pork secret	X		X				X	X	X	X			
* Loin schnitze	X	X	X	X		X	X				X		
* Truffled meat lasagna	X	X		X	X	X		X	X				
* Grilled chicken breast										X			
* Meatballs	X	X	X	X		X							
* Grilled cuttlefish	X	X	X	X	X		X			X	X		
* Grilled veal entrecote	X	X	X	X	X	X				X	X		
HOMEMADE DESSERTS													
* Copa La Tasca	X					X							
* Caramelized french toast	X		X		X	X	X	X		X			
* Cheese cake	X		X			X							
* Brownie	X		X		X	X	X						
* Ultzama curd						X							
* Coffee flan			X			X							
* Coffee Bombon						X							

MENÚ		Gluten	Crustaces Mollusques	Oeufs	Poisson	Soja	Lait	Noisettes	Céleri	Sulfites	Sésame	Moutarde	Lupins	Cacahuètes
PREMIER PLAT														
* Risotto de cèpes			X		X	X	X	X	X		X	X		
* Pochas			X		X	X		X	X		X	X		
* Salade russe			X	X	X	X				X				
* Tortellini		X		X		X	X	X		X				
* Artichauts														
* Crêpe d' asperges		X	X	X	X		X	X		X				
* Salade Mixte				X	X					X				
* Salade César		X	X	X	X	X	X	X		X		X		
PLAT PRINCIPAL														
* Merlu grillé					X					X				
* Lingot de moineau							X			X	X			
* Calamars croustillants		X	X	X	X	X	X	X	X			X		
* Secret		X		X				X	X	X	X			
* Escalope de porc		X	X	X	X		X	X				X		
* Lasagne au bœuf		X	X		X	X	X		X	X				
* Blanc de poulet											X			
* Boulettes de viande		X	X	X	X		X							
* Seiche à la plancha		X	X	X	X	X		X			X	X		
* Entrecôte de veau		X	X	X	X	X	X				X	X		
DESSERTS MAISON														
* Coupe La Tasca		X					X							
* Pain perdu caramélisé		X		X		X	X	X	X		X			
* Tarte au fromage		X		X			X							
* Brownie		X		X		X	X	X						
* Fromage blanc caillé d'Ultzam							X							
* Flan au café				X			X							
* Bonbon café							X							