

	MENÚ	Gluten	Crústaceos Moluscos	Huevos	Pescado	Soja	Leche	Frutos de Cáscara	Apio	Sulfitos	Sesamo	Mostaza	Altramuces	Cacahuetes
	PRIMEROS													
*	Risotto de hongos		X		X	X	X	X	X		X	X		
*	Pochas		X		X	X		X	X		X	X		
*	Ensaladilla Rusa		X	X	X	X				X				
*	Tortellonis	X		X		X	X	X		X				
*	Alcachofas													
*	Creppe	X	X	X	X		X	X		X				
*	Ensalada mixta			X	X					X				
*	Ensalada César	X	X	X	X	X	X	X		X		X		
	SEGUNDOS													
*	Merluza a la Plancha				X					X				
*	Gorriñ						X			X	X			
*	Crujiente de Calamares	X	X	X	X	X	X	X	X			X		
*	Secreto	X		X				X	X	X	X			
*	Escalope de lomo	X	X	X	X		X	X				X		
*	Lasaña de carne	X	X		X	X	X		X	X				
*	Pechugas de pollo										X			
*	Albóndigas	X	X	X	X		X							
*	Sepia a la plancha	X	X	X	X	X		X			X	X		
*	Entrecot	X	X	X	X	X	X				X	X		
	POSTRES (CASEROS)													
*	Copa La Tasca	X					X							
*	Torrija caramelizada	X		X		X	X	X	X		X			
*	Tarta de queso casera	X		X			X							
*	Brownie	X		X		X	X	X						
*	Cuajada						X							
*	Flan de café			X			X							
*	Café bombón						X							
							X							

	MENÚ	Gluten	Mollusks Crustacean	Eggs	Fish	Soy	Milk	Nuts	Celery	Sulphites	Sesame	Mustard	Lupins	Peanuts
FIRST														
*	Risotto of mushrooms		X		X	X	X	X	X		X	X		
*	Pochas		X		X	X		X	X		X	X		
*	Russian salad			X	X									
*	Artichokes													
*	Creppe	X		X			X					X		
*	Mixed Salad			X	X					X				
*	Caesar Salad	X	X	X	X	X	X	X		X		X		
MAIN DISH														
*	Grilled hake				X					X				
*	Gorrin						X			X	X			
*	Crispy squid	X	X	X	X	X	X	X	X			X		
*	Loin schnitze	X	X	X	X		X	X				X		
*	Truffled meat lasagna	X	X		X	X	X		X	X				
*	Grilled chicken breast										X			
*	Meatballs	X	X	X	X		X							
*	Grilled cuttlefish	X	X	X	X	X		X			X	X		
*	Grilled veal entrecote	X	X	X	X	X	X				X	X		
HOMEMADE DESSERTS														
*	Copa La Tasca	X					X							
*	Caramelized french toast	X		X		X	X	X	X		X			
*	Cheese cake	X		X			X							
*	Brownie	X		X		X	X	X						
*	Ultzama curd						X							
*	Coffee flan			X			X							
*	Coffee Bombon						X							

	MENÚ	Gluten	Crustaces Mollusques	Oeufs	Poisson	Soja	Lait	Noisettes	Céleri	Sulfites	Sésame	Moutarde	Lupins	Cacahuètes
	PREMIER PLAT													
*	Risotto de cèpes		X		X	X	X	X	X		X	X		
*	Pochas		X		X	X		X	X		X	X		
*	Salade russe			X	X									
*	Artichauts													
*	Crêpe d' asperges	X		X			X					X		
*	Salade Mixte			X	X					X				
*	Salade César	X	X	X	X	X	X	X		X		X		
	PLAT PRINCIPAL													
*	Merlu grillé				X					X				
*	Lingot de moineau						X			X	X			
*	Calamars croustillants	X	X	X	X	X	X	X	X			X		
*	Escalope de porc	X	X	X	X		X	X				X		
*	Lasagne au bœuf	X	X		X	X	X		X	X				
*	Blanc de poulet										X			
*	Boulettes de viande	X	X	X	X		X							
*	Seiche à la plancha	X	X	X	X	X		X			X	X		
*	Entrecôte de veau	X	X	X	X	X	X				X	X		
	DESSERTS MAISON													
*	Coupe La Tasca	X					X							
*	Pain perdu caramélisé	X		X		X	X	X	X		X			
*	Tarte au fromage	X		X			X							
*	Brownie	X		X		X	X	X						
*	Fromage blanc caillé d'Ultzam						X							
*	Flan au café			X			X							
*	Bonbon café						X							