

| MENU 21                          | Gluten | Crustaces<br>Mollusques | Oeufs | Poisson | Soja | Lait | Noisettes | Céleri | Sulfites | Sésame | Moutarde | Lupins | Cacahuètes |
|----------------------------------|--------|-------------------------|-------|---------|------|------|-----------|--------|----------|--------|----------|--------|------------|
| PREMIER PLAT                     |        |                         |       |         |      |      |           |        |          |        |          |        |            |
| * Risotto de cèpes               |        |                         |       |         |      | X    |           |        |          |        |          |        |            |
| * Pochas                         |        |                         |       |         |      |      |           |        |          |        |          |        |            |
| * Salade fromage chèvre          |        |                         |       |         |      | X    | X         |        | X        |        |          |        |            |
| * Artichauts                     |        |                         |       |         |      |      |           |        |          |        |          |        |            |
| * Pâtes Rigates                  | X      |                         |       |         |      | X    |           |        |          |        |          |        |            |
| * Salade Mixte                   |        |                         | X     | X       |      |      |           |        | X        |        |          |        |            |
| * Salade César                   | X      | X                       | X     | X       | X    | X    | X         |        | X        |        | X        |        |            |
| PLAT PRINCIPAL                   |        |                         |       |         |      |      |           |        |          |        |          |        |            |
| * Saumon grillé                  |        |                         | X     | X       |      | X    |           |        |          |        | X        |        |            |
| * Cochon désossé grillé          |        |                         |       |         |      | X    |           |        |          |        |          |        |            |
| * Cannellonis de joue de porc    | X      |                         | X     |         |      | X    |           |        |          |        |          |        |            |
| * Escalope de porc               | X      |                         | X     |         |      | X    |           |        |          |        |          |        |            |
| * Lasagne au bœuf                | X      |                         |       |         |      | X    |           |        | X        |        |          |        |            |
| * Blanc de poulet                |        |                         |       |         |      |      |           |        |          |        |          |        |            |
| * Pluma de porc grillé           | X      |                         |       |         |      |      |           |        |          |        |          |        |            |
| * Thon grillé                    | X      |                         |       | X       | X    |      |           |        | X        | X      |          |        |            |
| * Seiche à la plancha            | X      | X                       | X     |         |      |      |           |        |          |        |          |        |            |
| * Entrecôte de veau              | X      |                         |       |         |      |      |           |        |          |        |          |        |            |
| DESSERTS MAISON                  |        |                         |       |         |      |      |           |        |          |        |          |        |            |
| * Coupe "Don José"               | X      |                         |       |         |      | X    |           |        |          |        |          |        |            |
| * Tarte au fromage               | X      |                         | X     |         |      | X    |           |        |          |        |          |        |            |
| * Brownie                        |        |                         | X     |         | X    | X    | X         |        |          |        |          |        |            |
| * Fromage blanc caillé d'Ultzama |        |                         |       |         |      | X    |           |        |          |        |          |        |            |
| * Flan au café                   |        |                         | X     |         |      | X    |           |        |          |        |          |        |            |
| * Fruit de saison                |        |                         |       |         |      |      |           |        |          |        |          |        |            |
| * Glaces variées                 |        |                         |       |         |      |      |           |        |          |        |          |        |            |
| Vanille                          |        |                         |       |         |      | X    | X         |        |          |        |          |        | X          |
| Chocolat                         |        |                         | X     |         |      | X    | X         |        |          |        |          |        | X          |
| Noisettes                        |        |                         | X     |         |      | X    | X         |        |          |        |          |        | X          |

